## Public Health Nursing Home Visitation

- Public Health Nurses (PHNs) are Registered Nurses who have additional training and certification to work in the community and the field of Public Health.
- PHN Case Managers provide family support and meet preventive health needs of new parents, children, and older adults through collaboration, referrals, health assessments, advocacy, and education.
- Call the toll free phone number or submit a referral form (fax/online/mail) to request PHN Home Visit Services.





# Call or fax to make a referral to Public Health Nursing

PHN Referral forms are available online at www.placer.ca.gov

Click: Health and Family Care

Click: Nurse Home Visits



#### **Health and Human Services**

Public Health Nursing Visitation Program

11572 B Avenue • Auburn, CA 95603 toll-free 800.829.7199 fax 530.889.7160

Monday - Friday: 8:00 am - 5:00 pm placer.ca.gov



## **Public Health Nursing**

**Case Management** 

HOME VISITATION PROGRAM



### Women & Children's Services

Prenatal care and early childhood development are critical for the health and well-being of new mothers and their children. Placer County's Public Health Nursing program offers assistance with:

- Pregnancy information
- Accessing prenatal care
- Breastfeeding support
- Postpartum depression screening
- Newborn and infant care
- Growth and development
- Child care
- Immunizations
- Nutrition
- Parenting
- Dental referrals
- Family planning
- Healthy relationships
- Medical insurance options
- Physician (doctor) referrals



### Family & Mental Health Services

Public Health Nurses provide a variety of services to help families and individuals:

- Mental Health & substance use referrals
- Assistance with finding a doctor
- Disease information
- Communicable (infectious) disease information
- Exercise, health and wellness education



### **Elder Care**

Public Health Nurses strive to improve the health, function, and quality of life of older adults by assisting with

- Active living and wellness education
- Medication needs assessment
- Medical equipment assistance
- Medical health information
- Food program assistance
- Medical insurance referrals
- Comprehensive personal needs assessments (including fall risk)

